



Contact: Charles Ford, 804-864-7668 (O)

MAKE SURE YOUR CHILDREN ARE SEATED SAFELY THIS HOLIDAY WEEKEND

"As health professionals, the Virginia Department of Health is pleased when preventive steps are taken to protect the health and safety of our children," said State Health Commissioner Karen Remley, M.D., M.B.A. "We hope Virginians will continue supporting changes in the law requiring children to be properly secured in a child safety seat or booster when traveling during the summer."

To help parents and caregivers safely transport their children, the Virginia Department of Health (VDH) supports a statewide network of inspection sites where certified technicians can inspect safety seats for free and teach parents how to install and use them correctly.

VDH also provides free safety seats to families who otherwise could not afford them. More than 102,000 safety seats have been distributed since VDH's Low Income Safety Seat Program began in 1996. Seats are available at more than 130 distribution sites across the state.

A list of safety seat inspection sites, information about the free safety seat program and additional information on the child restraint law is available online at www.vahealth.org/civp/safetyseat/ and by calling (800) 732-8333.

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