Four Local Technical Assistance Coordinators (LTACs) are available on a part-time basis to assist local SRTS programs. Each LTAC is assigned to work in a particular region of the state, shown on the map to the right. Their work involves both direct contacts with local communities and VDOT District Offices, and on broader activities that support SRTS statewide and locally.

Not sure how your LTAC can help your local SRTS program?

Have you heard about SRTS and want to learn more?
You’ve just learned about SRTS and would like some basic information on the Virginia program and SRTS in general; your LTAC can provide a general overview and help you understand how your school can get moving!

Your LTAC can help you in many ways. For example:
• The LTAC can discuss SRTS and assess needs for your school
• Encourage Walk or Bike to School Day, discuss basic planning needs
• Encourage conducting student travel tallies, provide an orientation to the online system
• Describe VDOT SRTS Program, website, resources, funding opportunities

Have you gotten started, such as hosting a walk or bike to school day event?
Your first walk or bike to school event was a big success. Students and school day event?
Have you gotten started, such as hosting a walk or bike to school event?

Your LTAC can help you in many ways. For example:
• Provide guidance on safety education
• Provide guidance on possible non-infrastructure strategies (telephone review of list of strategies)
• Encourage conducting parent surveys
• Orient contact to various SRTS Plan guidelines and materials
• Coordinate assistance from VDOT District Engineer as needed
• Provide guidance on expanding reach/partnerships for events

Are you implementing a SRTS Plan?
With SRTS plan in-hand, you are ready to apply for funding. You’re not sure if SRTS is the only or best place to look. And, you want to prepare a strong application.

Your LTAC can provide guidance in several areas, such as:
• Funding from the Virginia Department of Transportation and other sources
• How to develop a sustainable program
• Evaluation techniques
• Annually updating your Comprehensive School Travel Plan or SRTS Activities and Programs Plan

Do you already have a SRTS Committee and are ready to take the next step?
It's time to move forward with infrastructure improvements and complementary activities that will make it safer and more comfortable for students to walk and bike to school. Not sure how to get started on writing a Safe Routes to School Travel Plan?

Your LTAC can:
• Orient contact to various SRTS Plan guidelines and materials
• Coordinate assistance from VDOT District Engineer as needed
• Provide guidance on expanding reach/partnerships for events
• Encourage conducting parent surveys
• Provide guidance on possible non-infrastructure strategies (telephone review of list of strategies)

Flip this page over to meet the LTACs!
How have your experiences, both personally and professionally, prepared you to be an LTAC?
When my kids were young, our daily walk to school was one of the best parts of our day, but I was concerned by poor conditions for walkers and bicyclists. One day a girl running across the street from the playground was hit by a driver speeding down the block. She was fine, but the driver didn’t even stop. Soon after, I heard about a new program called Safe Routes to School and ended up writing and winning one of the first SRTS grants in DC. In 2001, I helped plan a Walk to School Day event at the park near my house, which now has grown to include schools, dignitaries, and elected officials. When I returned to the workforce, I became the SRTS Policy Director with the bike advocacy group in DC and the rest is history.

Do you walk and bike for transportation?
I do! I commute by walking to Union Station, about a 20 minute walk each way. My husband and I hop on our bikes to ride to the market, or downtown to a movie. I love the freedom of bikeshare, (docked or dockless, ebikes, and e-scooters too!) I am lucky to live in a place where I can ride to the market, or downtown to a movie. I love the freedom of bikeshare, (docked or dockless, ebikes, and e-scooters too!) I am lucky to live in a place where I can

How have you experienced, both personally and professionally, prepared you to be an LTAC?
I’ve worked as an LTAC for the Virginia Safe Routes to School program since 2012 and have worked on various aspects of Safe Routes to School since 2006. It’s been amazing to see the Virginia SRTS program grow over the years, and I’m continually inspired by the people I meet who are working to implement SRTS at the local level in Virginia.

Did you bike and walk to school as a student?
I walked and biked to school almost every day from elementary school through high school. Partly this was a function of the times (parents not as fearful as today). Partly it was a function of the specific environment I grew up in (sunny California in the age of budget cuts and no school buses). And partly it was a function of being a kid whose eyes weren’t good enough to drive. In the end though, I had some good friends I would walk with regularly and I remember some amazing side adventures, including taking the long way to school through the park.

Do you still bike and walk for transportation?
Yes, I still mostly bike or walk for transportation. Sometimes I wish I lived a little further from work, since I don’t rack up the National Bike Challenge miles like some of my colleagues. I also believe I should get extra points for carrying my kids to school on the back of a regular, non-electric-assist cargo bike.

Please share your favorite hobby or an interesting fact about yourself.
My favorite hobby is something I do relatively rarely, which is backpacking. There’s something about carrying my home on my back, eating freeze dried meals, and hiking through beautiful, wild places that puts things into perspective and makes me feel like I’m living large.