What are the most effective strategies to ‘nudge’ more students to walk and bike to school? Gather a group and play the game to find out!

1. Set up the game. Shuffle the cards and place them facedown where shown. Place game pieces on START.

2. Decide who will go first. Players take turns drawing cards and following the instructions on the card or spaces on the board.

3. The first player to reach FINISH (school) is the winner!

Discard used cards here

Place cards face down here